**A flu vaccine is routinely given on the NHS to:**

* People aged 65 years or over (including becoming age 65 years by 31st March 19)
* People aged from 6 months to less than 65 years of age in a clinical risk group such as:
* Chronic (long term) respiratory disease such as severe asthma, COPD or bronchitis
* Chronic heart disease such as heart failure
* Chronic kidney disease
* Chronic liver disease
* Chronic neurological disease, such as Parkinson’s disease or motor neurone disease, or learning disability
* Asplenia or splenic dysfunction
* A weakened immune system due to disease (such as HIV/AIDS) or treatment (such as cancer treatment)
* Morbidly obese (BMI 40+)
* All pregnant women
* People living in long-stay residential care homes
* People in receipt of carer’s allowance
* Household contacts of immunocompromised individuals

If you meet the criteria and are eligible for a free flu vaccine, please book an appointment in one of our flu clinics

**FLU CLINICS at Little Bushey Surgery:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Day** | **Date** | **Timings** | **Walk in /Pre-bookable appts** |
| TUESDAY | 18TH SEPTEMBER 18 | 10.30AM-12.30PM | pre-bookable |
| WEDNESDAY | 19TH SEPTEMBER 18 | 10.30AM-12.30PM | pre-bookable |
| THURSDAY | 20TH SEPTEMBER 18 | 10.30AM-12.30PM | pre-bookable |
| THURSDAY | 20TH SEPTEMBER 18 | 14.00PM– 17.00PM | pre-bookable |