

“

**Health walks keep me going,
I can't imagine a Saturday
morning without them.**

”

Jenny



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants

Herts
**Sport &
Physical
Activity**
Partnership



Hertfordshire

“

**Being part of a team
helps keep me
motivated.**

”

James



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



“

Being active has helped me improve my health and lose weight.

”

Neringa



It's never too late to be active

So let's give it a go

Scan me!



Unlock 12-weeks of free and discounted activities* – register now for FREE!

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



Hertfordshire

“

**Being active is a great way
to make new friends –
just like we did!**

”

Ray and Wendy



**It's never too
late to be active**

So let's give it a go

**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants

Scan me!



“

Being active keeps my mind sharp and helps me sleep.

”

Henry



It's never too late to be active

So let's give it a go

Scan me!



Unlock 12-weeks of free and discounted activities* – register now for FREE!

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



“

**Find something that's
right for you and you'll
stick to it.**

”

Esther



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants

Herts
**Sport &
Physical
Activity**
Partnership



Hertfordshire

“

**My group is so warm
and welcoming.**

”

Sue



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



“

**I set myself goals
focused on being
positive and active.**

”

Chris



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



“

**I plan my workouts
around my work and
family commitments.**

”

Anthony



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants



Hertfordshire

“

**I feel more positive
and am losing
weight too!**

”

Barbara



**It's never too
late to be active**

So let's give it a go

Scan me!



**Unlock 12-weeks of free
and discounted activities*
– register now for FREE!**

Visit www.hertfordshire.gov.uk/nevertoolate

Call us on 01992 555627

Or drop in to your local library

Creating a cleaner, greener, healthier Hertfordshire

*Discounts may not be exclusive to NTL participants

