

FREE HENRY HEALTHY FAMILIES PROGRAMMES RUNNING IN THE COMMUNITY FROM SEPTEMBER!

We have Programmes running every:

Monday morning's Borehamwood 10-12pm

Tuesday evening's Online 6.30-7.30pm

Wednesday morning's Watford 10-12pm

Thursday morning's Hemel Hempstead- 10-12pm

Starts 20th September for 8 weeks

Sign up by calling 01707 248648 or by email

info@beezeebodies.co.uk



beezee
bodies

