

# Compassionate Neighbours



Compassionate Neighbours offers emotional and social support for people living with a serious or terminal illness and are who experiencing loneliness or social isolation.

Volunteers are trained by Peace Hospice Care and then matched with a local community member based on hobbies, interests and geography in the hope to grow genuine friendships.

## **Compassionate Neighbours can support Community Members by:**

- visiting regularly
- offering friendship, emotional support and a listening ear
- helping them to do the things they like doing
- helping them stay connected to the community as well as family and friends.

## **Referral criteria for Community Member:**

- must have a life-limiting illness
- must live within the Watford, Three Rivers and Hertsmeres area
- must be socially isolated and/or in need of extra emotional/social support
- may have carers/family who need extra emotional support.

## **Referring to the service**

Fill out a referral form at: [www.peacehospicecare.org.uk/referrals](http://www.peacehospicecare.org.uk/referrals) quoting 'Compassionate Neighbours' in the key concerns box and ticking the emotional/psychological/spiritual support box.

Send the referral form to: [westherts.pcr@nhs.net](mailto:westherts.pcr@nhs.net)

## **For more information**

Please contact Emma Naef, Compassionate Communities Co-ordinator:

✉ [enaef@peacehospicecare.org.uk](mailto:enaef@peacehospicecare.org.uk) ☎ **01923 330 330** (mobile: **07718 570 112**)

**If you would like a copy of this document in LARGE PRINT, Braille or on audio tape, or would like this information explained in your own language, please contact us.**

### **Peace Hospice Care**

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