

Carers in Hertfordshire Carer Hub Support Groups and Peer Led Groups



If you are interested in trying out any of the groups below, please either e-mail learning@carersinherts.org.uk or phone 01992 58 69 69 and let us know which group you are interested in. We will then call the carer contact for the group who will be able to confirm timings, dates and venues with you – as occasionally these may have to change.

The main purpose of these groups is for carers to offer each other practical and emotional support.

Name of Group	Where Meeting
Carers in Hertfordshire Support Hub Group - Stevenage	Stevenage Leisure Centre, Lytton Way, Stevenage, SG1 1LZ Last Thursday of each month 10am - 12 noon
Carers in Hertfordshire Support Hub Group Watford	Community Room, ASDA, North Watford, WD24 7RT 1st Thursday of each Month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Welwyn Garden City	United Reform Church, Church Road, Welwyn Garden City, AL8 6PS 3rd Wednesday of each Month 12pm - 2.00pm
Carers in Hertfordshire Support Hub Group – Hemel	William Crook House, Green End Lane Warners End, Hemel Hempstead, HP1 2BH 2nd Wednesday of each Month 10.30am - 12pm
Carers in Hertfordshire Support Hub Group – St Albans	St Pauls Church, Blandford Road, St Albans, AL1 4JP 3rd Tuesday each month 1.30pm - 3.30pm
Carers in Hertfordshire Support Hub Group – Bishops Stortford	Methodist Church, Wesley Hall, 34B South Street, Bishop's Stortford, CM23 3DZ 1st Tuesday morning each month 10.30am - 12.30pm
Carers in Hertfordshire Support Hub Group – Hoddesdon	Baptist Church, Burford Street, Hoddesdon, EN11 8HX Last Friday morning of each month 10.30am - 12.30pm

St Albans Carers Coffee Group	Water End Barn Pub, St Albans 10.30am - 12pm noon (call for details) (Dawn to Dusk Carers Group meets on a Thursday – Call for details)
Carers Camera Club	The Café, Campus West Welwyn Garden City, AL8 6BX 2 nd Wed of each Month from 10 am
Hertsmere Carers Coffee Morning	St Johns House, The Walk, Potters Bar, EN6 0QQ, next to Parkfield Surgery, Meet alternate months first Friday 10.30am – 12pm noon
St Albans Stitch and Knit	Waterend Barn Pub, St Peter's Street, St Albans, AL1 3LE Alternate Tuesdays from 17 th February 10.30am -12pm noon

Stevenage Carers Lunch	Ibis Hotel, Danestrete, Stevenage, SG1 1EJ 2 nd Monday of each month 12pm noon - 2pm
Abbots Langley Carers Coffee Morning	Methodist Church Hall, Langley Road, Abbots Langley, WD5 0EJ Last Wednesday of each month 10.30am – 12pm noon
The Pudding Club	The Barnabus Centre, St James' Thorley, Bishop's Stortford, CM23 4BE Third Monday of the month 8pm - 9.30pm
North Herts Mental Health Carer Support Group	The Community Hub, 43 Station Road, Letchworth, SG6 3BQ Third Thursday of every month, (not August) 11am – 1pm
Hemel Carers Evening Group	Greenhills Day Service, Tenzing Road, Hemel Hempstead, HP2 4HS 2 nd Thursday every other month 7pm - 8:30pm
Radlett Group	Radlett Reform Synagogue 118 Watling Street, Radlett, WD7 7AA (please ring the bell for access) second Wednesday of every month (not October) 1.30-3.00pm
Hatfield Evening Group	Community Room, Tesco's Extra, Mount Pleasant, Oldings Corner, Hatfield AL9 5JY. 2 nd Wednesday evening every month 7.30 pm - 9.00 pm.