

Do you provide unpaid care or help to a relative or someone who is ill, disabled, elderly, or who misuses drugs or alcohol?



7 - 13 June 2021

**Make Caring
Visible and Valued**



**Yes?
Then this
Carers Week
(or anytime)
reach out to
services like
ours that are
there for you!**

Be connected, informed and supported!

To contact us at Carers in Hertfordshire:

Call: 01992 58 69 69

Email: contact@carersinherts.org.uk

Visit: www.carersinherts.org.uk

To find out more about Carers Week
visit www.carersweek.org and we have a page
on our website listing our Carers Week events.



Carers
in Hertfordshire

charity registration number 1085491

making carers count