





Would

you like

to take

part?

Hertsmere Wellbeing Gateway Service

for Better Health and Wellbeing

The Hertsmere Wellbeing Gateway Service (WGS) helps you to explore extra services That may support you to improve your health, wellbeing and independence.

Do you want to feel healthier,

happier and more involved in your community?

The Wellbeing Gateway Service can link you with many services in your community to help. These may include:

- Healthy lifestyles and active lives
- Befriending, counselling and other support groups
- Housing, benefits and financial support and advice
- Getting involved in local groups and activities
- Accessing specialist services and support
- Arts, music, outdoors and creativity
- Employment, training and volunteering
- Education and learning

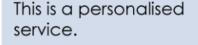
Call: 020 8207 4504

Email: hwgs@communityhertsmere.org.uk

Visit: communityhertsmere.org.uk/HWGS







We work with the needs and pace of each individual.

