

# Compassionate Neighbours

Compassionate Neighbours offers emotional and social support for people living with a serious or terminal illness and are who experiencing loneliness or social isolation.

Volunteers are trained by Peace Hospice Care and then matched with a local community member based on hobbies, interests and geography in the hope to grow genuine friendships.

### Compassionate Neighbours can support Community Members by:

- visiting regularly
- offering friendship, emotional support and a listening ear
- helping them to do the things they like doing
- helping them stay connected to the community as well as family and friends.

## Referral criteria for Community Member:

- must have a life-limiting illness
- must live within the Watford,
  Three Rivers and Hertsmere area
- must be socially isolated and/or in need of extra emotional/social support
- may have carers/family who need extra emotional support.

#### Referring to the service

Fill out a referral form at: www.peacehospicecare.org.uk/referrals quoting 'Compassionate Neighbours' in the key concerns box and ticking the emotional/psychological/spiritual support box.

Send the referral form to: westherts.pcrc@nhs.net

#### For more information

If you would like a copy of this document in LARGE PRINT, Braille or on audio tape, or would like this information explained in your own language, please contact us.

