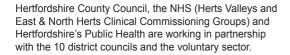
## Herts Healthy Homes

A free information and support service that helps you to stay healthy and safe in your own home









## Herts Healthy Homes can help you stay well throughout the year by providing support with:



A home visit to give advice and practical support to help you stay well and active



Advice on paying your bills and budgeting



Draught proofing/emergency heaters



Fire safety and home security checks

If you, or someone you know, needs help or support to stay healthy and well at home call HertsHelp on 0300 123 4044 and quote HOME1

(local rate, calls cost no more than a national rate call to a 01 or 02 number) Mon - Fri 8am to 6pm

Visit www.hertsdirect.org/hertshelp Email info@hertshelp.net

